

3rd Annual Long Island Taekwondo Invitational Tournament for the Abled & NY Taekwondo Association for the Disabled, 2015 Abled/Special Needs Championship.

Application Download:	PreTkd.com				
Sanctioned by:	USA Taekwondo Association for the Disabled "USATAD"				
Directed by:	Sabumnim Walter Vendura Sabumnim Michael Donohue Sabumnim Robert Gravel				
Date:	Saturday October 24 th 2015 - Doors open at 8:30				
Location:	Upper Room Christian World Center 722 Deer Park Rd, Dix Hills NY 11746				
Registration:	\$65 (1 or 2 or 3 events) ***All fees are non-refundable***				
Pre- Registration:	Save \$10 by pre-registering before Oct 17th (Pay only \$55) Cash only after this day.				
General Admission:	\$10 – Adult & Teens Free – Children 12 and under				
Trophies:	Trophies for ALL Competitors Pumpkins for all Competitors Western and Eastern Long Island				

DIRECTIONS: From Western and Eastern Long Island

Take the L.I.E. to Exit 51 South (Route 231, Deer Park Ave). Proceed South approximately 1/2 mile. Church is on your left. You need to make a u-turn on 231 after passing church to enter parking lot.

SCHEDULE OF EVENTS

Monday, October 17st, 2015 Deadline for Pre-Registration discount.

All applications must be received by this date to receive the discount.

Saturday, October 24th 2015 (Competition Day)

8:00 AM		All Masters, Black Belts and Officials meeting. (Judges must attend)						
8:30 AM		Doors open for competitors and spectators						
9:00 AM	Pee Wees & Special Needs							
Pee Wees 3-4-5-6 yrs Ring 3 Breaking-Form	Pee Wees 5-6 yrs (all ranks) Ring 3 Sparring			ks)	<u>Special Needs – All Ranks</u> <u>Ring 5, All Ages</u> Forms-Breaking			
<u>9:00 AM</u>		Beginners #1 - any colors (1 to 6 me				onths training)		
Ring 1 7-8-9 yrs Forms-Sparring-Self	Ring 2 10-11-12 yrs Forms-Sparring-Self Defense				Ring 4 13-14 yrs Forms-Sparring-Self Defense			
<u>9:30 AM</u>		Beginners #2 – any colors (7 to 12 months training)						
Ring 1 7-8-9 yrs Forms-Sparring-Self Defense		Ring 2 10-11-12 yrs Forms-Sparring-Self Defense			se	Ring 4 13-14 yrs Forms-Sparring-Self Defense		
10:00 AM Intermediate – any colors (13 to 24 months training)							g)	
Ring 1 7-8-9 yrs Forms-Sparring-Self Defense		Ring 2 10-11-12 yrs Forms-Sparring-Self Defense			1 0			
<u>11:00 AM</u>		Advanced – any colors (25 months & up training)						
Ring 1 7-8-9 yrs Forms-Sparring-Self Defense		Ring 2 10-11-12 yrs Forms-Sparring-Self Defens						
<u>11:30 AM</u>		15 yrs &	<u>Up (All Rai</u>	Ranks under Black Belt) (divisions split day of event)				
Jun Forms -S					Ring 6 Seniors Division: Forms -Sparring- Self Defense			
12:00 Noon		Black Belts						
Ring 1 7-12 yrs Forms Sparring Self Defense	Ring 13-14 y Form Sparri Self Def	yrs		ag 3 17 yrs ms ring efense	Ring 4 18-34 yrs Forms Sparring Self Defense		Ring 5 35 & up Forms Sparring Self Defense	

^{*}Please schedule your competition day accordingly. Lateness will lead to disqualification.

Dear Masters, Instructors and Competitors,

It is with great honor and excitement that we extend to you an invitation to participate in the upcoming 3rd annual Long Island Taekwondo Invitational Tournament to be held at the Upper Room Christian World Center, Athletic Building, 722 Deer Park Rd, Dix Hills NY on Saturday, Oct. 24 th, 2015.

This year we are hosting the 2015 New York Taekwondo Association for the Disabled 2015 Abled/Special Needs Championships, Sanctioned by the USA Taekwondo Association for the Disabled "USATAD" http://usatad.weebly.com/

We look forward to seeing as many of you as possible.

Sincerely,
Tournament Committee

RULES & REGULATIONS

GENERAL

- 1. Masters/Instructors/Board Holders will only be allowed on competition floor to hold boards when their competitors are competing in the Breaking Competitions.
- 2. Any colored dobok for all events (top and bottom). No Tee Shirts allowed.
- 3. No refunds, transfers or credits will be made under any circumstances.
- 4. No outside food or beverages will be allowed in the building.

POOMSE (FORMS) COMPETITION

1. WTF, ITF or Your School's approved Poomse (forms) only.

FREE STYLE BREAKING COMPETITION

- 1. Ages 6 & under (pee wee, little dragons, little ninjas). Two breaks (stations) maximum even with same foot, hand, arm, etc.
- 2. Ages 6 & up red/brown & black belts Three breaks (stations) maximum even with same foot, hand, arm, etc.
- 3. 1 minute to setup. 1 minute to finish entire breaking routine.
- 4. Scoring will be based on completing routine in given 1 min. time limit, the level of difficulty of techniques, the number of boards broken at one time, the accuracy of the breaks, the flow

of the routine, and the competitor's show of power, speed, creativity and style.

- 5. All boards must be broken completely. Cracked, rotted or tampered wood will not be counted in scoring!
- 6. All competitors must supply their own size breaking boards ½ or 1" allowable. You will be able to purchase breaking boards at the tournament

SPARRING COMPETITION

- 1. Ages 5~14 yr old Color Belts: NO HEAD PUNCHES (HANDS, ECT). LIGHT CONTACT.
- 2. Black Belts & 14 & up Color Belts: NO HEAD PUNCHES (HANDS, ECT). LIGHT CONTACT
- 3. Point Sparring Rules will govern this Tournaments. 3 points wins match.
- 4. Tie matches will be decided in sudden death.
- 5. <u>Full sparring gear required:</u> Hand, foot and head. Groin protection for males worn inside pants. Head gear with cage or mouth piece also required.

Competitor's Application

		Che	ck Events j	vou will	compete in:			
	Poomse (Forms) (All Ages - All Belts)		up -All		Self Defense 7&up		(l	Breaking Pee Wees 6 yrs & und & Special Needs only)
	/G #10 · C	Registration	•		`		T	
Nama		ore-registered by	Oct 1/th S	oo) <mark>Casi</mark>	<u>I ONLY on th</u>			r: Male / Female
Name:						G	enaei	r: Maie / Female
Birth D	Pate:	Age:		Belt (Color:			
Home A	Address:							
Home 1	Phone:			Schoo	l Name:			
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•	Make all Checks or l Please submit this ap ment Treasurer: LI	plication page to	your instruct	or. Instruc			739	
<u>(Se</u>	ORRY NO REFUND					UNDER A	VY CI	RCUMSTANCES.)
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